

2016
InterSchool Cycling

Road
Student
Championships

Welcome

Kids on Bikes is pleased to bring InterSchool Cycling to you and is especially pleased to welcome all parents, teachers, coaches and students to the inaugural InterSchool Student Championship.

Kids on Bikes have been involved in school cycle education programs as well as developing and supporting junior cycling initiatives for many years. However we have always felt the need to have a schools programme that recognised cycling within schools across Australia and allowed school students to compete in a schools based event. From this desire we started InterSchool Cycling and launched the winter Schools Cup series which lead into what we have all come together today for.



Your support has been crucial in starting up such a great event and it is indeed exciting to see so many school students participating in cycling in a now recognised championship. We look forward to the road ahead, with such a strong turnout for our first Student Championship, we are able to continue delivering cycling events. We are looking to expanding to a long course event next year with longer stages over two days as participation continues to grow.

Like always we thank the amazing team behind the scenes, tireless committed individuals that have built the platform for the event as well as all the volunteers and officials that are out here today working together to make the Student Championship an extraordinary event on the junior sport calendar. Finally we wish all the participants good luck and hope you have a great day. Race hard and fair, enjoy the company of fellow students and make some new friends. Kids on Bikes wishes you all a great day's racing.

Gay and Ian Watson
Kids on Bikes

I would like to thank the families for their commitment to their children's sport, and to all those that have travelled so far to be here today. To all the parents and students who have contributed to InterSchool events in Terms 2 and 3 and the generous sponsors who have donated both time and financial backing in the school cycling community to enable us to bring together today's championship.

Today's student Championship sees schools from as far north as Korora Public School and Tamworth High School, down to Merimbula Public School in the south. –That's an amazing distance of over 1200km between schools, with over 50 other schools all converging here at Lansdowne with one passion. We welcome you all.

It is always a pleasure to see so many students giving their best and having a go. Cycling can be a tough sport, taking effort and dedication from parents and riders alike. Good Luck to all of today's competitors and thanks for joining us here today and for your ongoing commitment to School Cycling.

Finally, I'd like to thank all the volunteers here today that are making this event possible especially those who don't have kids competing yet are still happy to give up their time

Stelio Pappas
Event Director

Officials

Commissaires: Louise Imseih (Chief)
Matthew Frater
Gay Watson

First Aid: Lance Whittaker
Vinil Chandrashekar
Shilpa Shekar

Recorders: Belinda Chandler
Melody Pike

Sign-on Manager: Julia Bonora

Event Director: Stelio Pappas

Sponsors



Summary of events:

Stage 1 - Individual Time Trial - 9am (sharp)

Event 1 - 2 km (1 lap) all riders

In stages 2 and 3, JB7 & JB9 will start together, closely followed by JG7 & JG9. -Each age/gender category will be recognised with separate medals, ie 12 medals max across four categories.

All other categories will see males and females race concurrently, with males starting first and females starting immediately after a short gap has been established. Again, each age/gender category will be recognised with separate medals, ie 6 medals max across two categories.

As these are separate events girls and boys may not take assistance from each other.

Stage 2 - Criterium - approximately 10:30am

Event 2	Junior Girls 7	5mins + 1 lap (2 laps)	Event 3	Junior Boys 7	5mins + 1 lap (2 laps)
Event 4	Junior Girls 9	5mins + 1 lap (2 laps)	Event 5	Junior Boys 9	5mins + 1 lap (2 laps)
Event 6	Junior Girls 11	8mins + 1 lap	Event 7	Junior Boys 11	8mins + 1 lap
Event 8	Junior Girls 13	12mins + 1 lap	Event 9	Junior Boys 13	12mins + 1 lap
Event 10	Junior Women 15	15mins + 1 lap	Event 11	Junior Men 15	15mins + 1 lap
Event 12	Junior Women 17	18mins + 1 lap	Event 13	Junior Men 17	18mins + 1 lap
Event 14			Event 15	Junior Men 19	20mins + 1 lap

Stage 3 - Road Sprint - approximately 1pm

Event 16	Junior Girls 7	4km	Event 17	Junior Boys 7	4km
Event 18	Junior Girls 9	4km	Event 19	Junior Boys 9	4km
Event 20	Junior Girls 11	6km	Event 21	Junior Boys 11	6km
Event 22	Junior Girls 13	8km	Event 23	Junior Boys 13	8km
Event 24	Junior Women 15	10km	Event 25	Junior Men 15	10km
Event 26	Junior Women 17	12km	Event 27	Junior Men 17	12km
Event 28			Event 29	Junior Men 19	14km

Presentation - approximately 4pm

Information

Warning

Cyclists are reminded that road cycle racing can be considered a dangerous sport and while all reasonable care is taken by the race organisers and officials when organising an event, all participating cyclists have an equal responsibility to ensure they take adequate care by adhering to the rules and conditions imposed by the officials and commissaries.

Start Times

Stage start times serve only as a guide. **Events may run early.** Please pay attention to announcements.

Helmets

All competitors must wear an Australian Standards Approved Helmet.

Parking

Parking will be available on the infield at Lansdowne Criterium Circuit. Due to traffic management reasons, the gate will be shut at 8:00am and reopen after the last race.

Presentation

The presentation will begin after the last race at approximately 4pm.

Carpark

Internal parking is available however the gate closes at 8am. All vehicles from 8 am MUST remain in the infield. The gate will only be unlocked at the conclusion of the last event.

Parking is also available externally. We recommend that you drop off any gear at the "drop-off" area before finding parking.

Henry Lawson Drive is very busy. Care should be taken when crossing and opening doors near the road. The safest approach is from the the North.



Course

Lansdowne Reserve is a two kilometre dedicated criterium circuit.

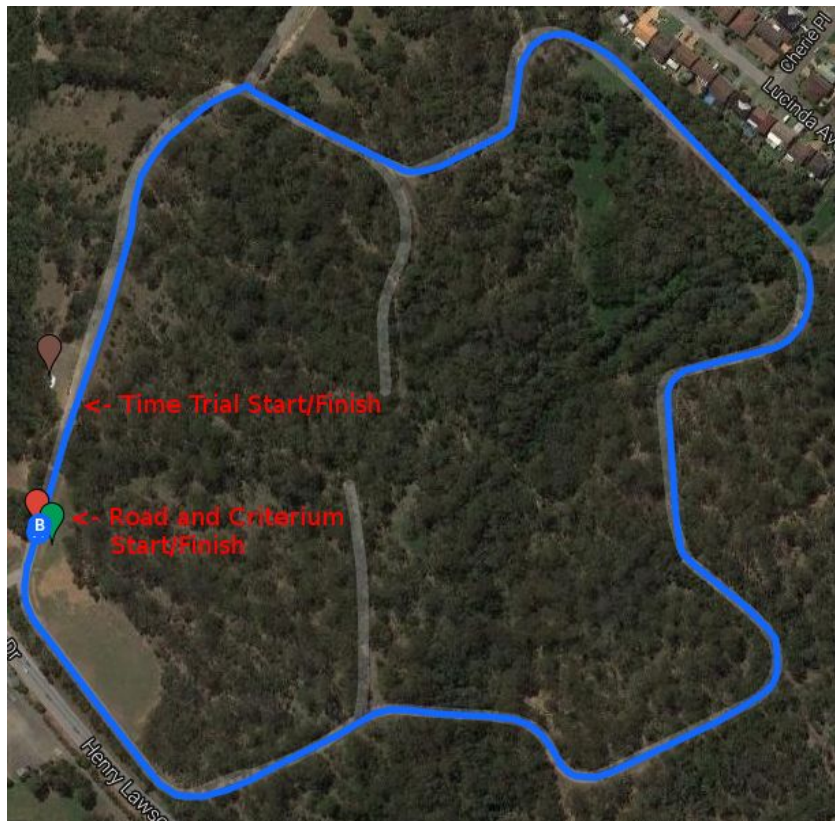
Note

The Individual Time Trial Start/Finish line is close to the toilet block.

There is a flat grass area near the Time Trial start where wind trainers may be set up and some space next to the toilet block walls for rollers.

Anyone making their way to the TT start, should carefully cross near the sign-on desk and walk on the western side of the course. Please stay on the bush trail away from riders already on the course.

The Criterium and Road race Start/Finish line is close to the sign-on desk.



Number Placement

Riders should wear a number on each side of their jersey and placed in a way that is horizontal while in a riding position. This typically means the number is offset in a diamond shape while the rider is standing.

Marshaling Area

The marshaling area is between the canteen and the officials desk.

Lapped Riders

Due to time limits lapped riders may be asked to retire from the race. Riders may also be asked to retire after the first 10 places have been recorded in the road race.

Points Allocation

Points allocation: Riders receive 10 participation points for each completed stage. Place-getters receive the following points from 1st to 10th in addition to their participation points: 14, 11, 9, 7, 6, 5, 4, 3, 2, 1

Roll-out

All riders must report to rollout before their first race with their helmet and bike.

ALL riders to report for roll-out after each race. All bikes must adhere to rollout requirements for their age grade.

Prizes

The first three riders in each age/gender category will be awarded medals for their overall point-score.

Warm up

The circuit is not available for warm up until the Commissaire has declared the course safe for warm up. We expect it to open at 8:05am for warm up. -Immediately after the car park is closed.

Warm down

We ask all competitors who have finished their race, that you turn up the short exit track as the next races will be starting immediately after the last competitor finishes. Note: The short exit track has a rough and uneven surface and care should be used when turning into and using the track.

Spares

As we are running short course events, riders may utilise spares but will not be given a lap out. It is up to the rider to work their way back into the race.

Stage 1 - Individual Time Trial - 1 lap (2km)

Time	No.	Name	School	Cat
9:00:00	1	Charlotte Mahon	Eastwood Heights Public School	JG7
9:00:30	2	Indigo Rowling	Prouille Catholic School	JG7
9:01:00	3	Kirby Valtwies	Russell Lea Infants School	JG7
9:01:30	4			JG7
9:02:00	5			JG7
9:02:30	6			JG7
9:03:00	7	Kristof Jacob	Froebel St Leonards	JB7
9:03:30	8	Liam Mahon	Concord West Public School	JB7
9:04:00	9			JB7
9:04:30	10			JB7
9:05:00	11			JB7
9:05:30	12	Grace Chandler	St John Vianni - Doonside	JG9
9:06:00	13	Holly Brand	Northmead Public School	JG9
9:06:30	14	Julia Pappas	Concord West Public School	JG9
9:07:00	15	Kayla Hart	Northmead Public School	JG9
9:07:30	16			JG9
9:08:00	17			JG9
9:08:30	18			JG9
9:09:00	19	Axel Jurd	Narwee Public School	JB9
9:09:30	20	Josef Valtwies	Russell Lea Infants School	JB9
9:10:00	21	Judah Covington	Glenhaven Public School	JB9
9:10:30	22	Noah Teitler	Mount Sinai College	JB9
9:11:00	23	Shaun Hassett	Northmead Public School	JB9
9:11:30	24			JB9
9:12:00	25	Florence Bellew	Northmead Public School	JG11
9:12:30	26	Lauren Chandler	St John Vianni - Doonside	JG11
9:13:00	27	Liliya Tatarinoff	Kincumber Public School	JG11
9:13:30	28	Sienna Covington	Glenhaven Public School	JG11
9:14:00	29			JG11
9:14:30	30			JG11
9:15:00	31	Amogh Vinilshekar	Riverbank Public School	JB11
9:15:30	32	Caleb Abbot	Claremont Meadows Public School	JB11
9:16:00	33	Daniel Sauvan	Carlton South Public School	JB11
9:16:30	34	Hayden Stevens	Merimbula Public School	JB11
9:17:00	35	Hudson Rowling	Knox Grammar Prep	JB11
9:17:30	36	Joshua Deasey	Tintinhull Primary School	JB11
9:18:00	37	Liam Hart	Northmead Public School	JB11
9:18:30	38	Lucas Mahon	Eastwood Heights Public School	JB11
9:19:00	39			JB11
9:19:30	40			JB11
9:20:00	41			JB11
9:20:30	42			JB11
9:21:00	43	Alexandra Pappas	Concord West Public School	JG13

9:21:30	44	Aliyah Jurd	Narwee Public School	JG13
9:22:00	45	Emily Deasey	Tamworth High School	JG13
9:22:30	46	Erica Campbell-Rogers	William Clarke College	JG13
9:23:00	47	Georgia Bonora	Rosbank College	JG13
9:23:30	48	Taisha Smith	Lucas Heights Community School	JG13
9:24:00	49	Tia Hart	Northmead Public School	JG13
9:24:30	50	Victoria Brash	Newington Public School	JG13
9:25:00	51			JG13
9:25:30	52			JG13
9:26:00	53			JG13
9:26:30	54	Asher Fawle	Korora Public School	JB13
9:27:00	55	Bailey Robinson	Northmead Public School	JB13
9:27:30	56	Flynn Whittaker	St George Christian School	JB13
9:28:00	57	Kyle Cavanagh	Seven Hills High School	JB13
9:28:30	58	Peter Campbell-Rogers	William Clarke College	JB13
9:29:00	59	Remi Whalan	Boronia Park Public School	JB13
9:29:30	60	Tane Mathews O'Brien	St Michael's Primary School - Thirroul	JB13
9:30:00	61			JB13
9:30:30	62			JB13
9:31:00	63			JB13
9:31:30	64	Aimee Hassett	Catherine McAuley Westmead High School	JW15
9:32:00	65	Alana Romano	St Josephs College - East Gosford	JW15
9:32:30	66	Anya Tatarinoff	Gosford High School	JW15
9:33:00	67	Eleanor Campbell-Rogers	William Clarke College	JW15
9:33:30	68	Faith Sherwood	Northern Beaches Christian School	JW15
9:34:00	69	Freya Robinson-Mills	St Johns The Evangelist - Nowra	JW15
9:34:30	70	Mabel Bellew	Catherine McAuley Westmead High School	JW15
9:35:00	71	Matilda Jones	Scone High School	JW15
9:35:30	72	Sophie Pappas	Burwood Girls High School	JW15
9:36:00	73			JW15
9:36:30	74			JW15
9:37:00	75	Chris Abberton	Knox Grammar School	JM15
9:37:30	76	Harry Glenn	Caringbah High School	JM15
9:38:00	77	Jack Haggerty	Mater Maria Catholic College	JM15
9:38:30	78	Joel Robinson	William Clarke College	JM15
9:39:00	79	Jonathan Bonora	St Mary's Cathedral - Sydney	JM15
9:39:30	80	Luke Deasey	Tamworth High School	JM15
9:40:00	81	Malachi Covington	Castle Hill High School	JM15
9:40:30	82	Maximilian Cyreszko	Glenwood High School	JM15
9:41:00	83	Mitchell Westhuizen	Knox Grammar School	JM15
9:41:30	84	Thomas O'Callaghan	Patrician Brothers - Blacktown	JM15
9:42:00	85	Toby Bellew	Parramatta Marist High School	JM15
9:42:30	86	Tom Stilwell	Knox Grammar School	JM15
9:43:00	87	Zac Dawtrey	St Augustine's College, Brookvale	JM15
9:43:30	88	Zachary Bonham	Sydney Secondary College	JM15

9:44:00	89			JM15
9:44:30	90			JM15
9:45:00	91	Chloe Hollingsworth	St Josephs Aberdeen	JW17
9:45:30	92	Hannah Sandison	Riverside Girls High School	JW17
9:46:00	93	Tasmin Davies	Crookwell High School	JW17
9:46:30	94			JW17
9:47:00	95			JW17
9:47:30	96			JW17
9:48:00	97	Antoine Gizardin-Pradeau	Waverley College	JM17
9:48:30	98	Ben Dawtrey	St Luke's Grammar School	JM17
9:49:00	99	Christopher McInnes	Engadine High School	JM17
9:49:30	100	Dylan Hopkins	Karabar High School	JM17
9:50:00	101	Ethan Hebden-Sharp	Katoomba High School	JM17
9:50:30	102	Flynn Hopkins	Karabar High School	JM17
9:51:00	103	Jesse Hopkins	Karabar High School	JM17
9:51:30	104	Justin McLean	Arden Anglican School	JM17
9:52:00	105	Nicolas Grant	Katoomba High School	JM17
9:52:30	106	Oliver Tonks	Katoomba High School	JM17
9:53:00	107	William Pender-Buchan	Mckillop Port Macquarie	JM17
9:53:30	108	Zac Hook	Katoomba High School	JM17
9:54:00	109			JW19
9:54:30	110			JW19
9:55:00	111			JW19
9:55:30	112	Campbell Jones	Scone High School	JM19
9:56:00	113	Declan Irvine	Bishop Tyrrell Anglican College	JM19
9:56:30	114	Fintan Conway	Scone Grammar School	JM19
9:57:00	115	Richard Cartwright	Macarthur Anglican school	JM19
9:57:30	116	Simon Cottee	Macarthur Anglican School	JM19
9:58:00	117			JM19
9:58:30	118			JM19
9:59:00	119			JM19

LAI DRE

Junior Girls 7

No.	Name	School	ITT	Crit	Road
1	Charlotte Mahon	Eastwood Heights Public School			
2	Indigo Rowling	Prouille Catholic School			
3	Kirby Valtwies	Russell Lea Infants School			



Junior Boys 7

No.	Name	School	ITT	Crit	Road
7	Kristof Jacob	Froebel St Leonards			
8	Liam Mahon	Concord West Public School			



Junior Girls 9

No.	Name	School	ITT	Crit	Road
12	Grace Chandler	St John Vianni - Doonside			
13	Holly Brand	Northmead Public School			
14	Julia Pappas	Concord West Public School			
15	Kayla Hart	Northmead Public School			



Junior Boys 9

No.	Name	School	ITT	Crit	Road
19	Axel Jurd	Narwee Public School			
20	Josef Valtwies	Russell Lea Infants School			
21	Judah Covington	Glenhaven Public School			
22	Noah Teitler	Mount Sinai College			
23	Shaun Hassett	Northmead Public School			



Junior Girls 11

No.	Name	School	ITT	Crit	Road
25	Florence Bellew	Northmead Public School			
26	Lauren Chandler	St John Vianni - Doonside			
27	Liliya Tatarinoff	Kincumber Public School			
28	Sienna Covington	Glenhaven Public School			

Junior Boys 11

No.	Name	School	ITT	Crit	Road
31	Amogh Vinilshekar	Riverbank Public School			
32	Caleb Abbot	Claremont Meadows Public School			
33	Daniel Sauvan	Carlton South Public School			
34	Hayden Stevens	Merimbula Public School			
35	Hudson Rowling	Knox Grammar Prep			
36	Joshua Deasey	Tintinhull Primary School			
37	Liam Hart	Northmead Public School			
38	Lucas Mahon	Eastwood Heights Public School			

**Junior Girls 13**

No.	Name	School	ITT	Crit	Road
43	Alexandra Pappas	Concord West Public School			
44	Aliyah Jurd	Narwee Public School			
45	Emily Deasey	Tamworth High School			
46	Erica Campbell-Rogers	William Clarke College			
47	Georgia Bonora	Rosebank College			
48	Taisha Smith	Lucas Heights Community School			
49	Tia Hart	Northmead Public School			
50	Victoria Brash	Newington Public School			

Junior Boys 13

No.	Name	School	ITT	Crit	Road
54	Asher Fawle	Korora Public School			
55	Bailey Robinson	Northmead Public School			
56	Flynn Whittaker	St George Christian School			
57	Kyle Cavanagh	Seven Hills High School			
58	Peter Campbell-Rogers	William Clarke College			
59	Remi Whalan	Boronia Park Public School			
60	Tane Mathews O'Brien	St Michael's Primary School - Thirroul			

Junior Women 15

No.	Name	School	ITT	Crit	Road
64	Aimee Hassett	Catherine McAuley Westmead			
65	Anya Tatarinoff	Gosford High School			
66	Eleanor Campbell-Rogers	William Clarke College			
67	Faith Sherwood	Northern Beaches Christian School			
68	Freya Robinson-Mills	St John's The Evangelist - Nowra			
69	Mabel Bellew	Catherine McAuley Westmead			
70	Matilda Jones	Scone High School			
71	Sophie Pappas	Burwood Girls High School			
72	Alana Romano	St Joseph's College - East Gosford			

LAI DRE

Junior Men 15

No.	Name	School	ITT	Crit	Road
75	Chris Abberton	Knox Grammar School			
76	Harry Glenn	Caringbah High School			
77	Jack Haggerty	Mater Maria Catholic College			
78	Joel Robinson	William Clarke College			
79	Jonathan Bonora	St Mary's Cathedral - Sydney			
80	Luke Deasey	Tamworth High School			
81	Malachi Covington	Castle Hill High School			
82	Maximilian Cyreszko	Glenwood High School			
83	Mitchell Westhuizen	Knox Grammar School			
84	Thomas O'Callaghan	Patrician Brothers - Blacktown			
85	Toby Bellew	Parramatta Marist High School			
86	Tom Stilwell	Knox Grammar School			
87	Zac Dawtrey	St Augustine's College, Brookvale			
88	Zachary Bonham	Sydney Secondary College			

Junior Women 17

No.	Name	School	ITT	Crit	Road
91	Chloe Hollingsworth	St Josephs Aberdeen			
92	Hannah Sandison	Riverside Girls High School			
93	Tasmin Davies	Crookwell High School			

Junior Men 17

No.	Name	School	ITT	Crit	Road
97	Antoine Gizardin-Pradeau	Waverley College			
98	Ben Dawtrey	St Luke's Grammar School			
99	Christopher McInnes	Engadine High School			
100	Dylan Hopkins	Karabar High School			
101	Ethan Hebden-Sharp	Katoomba High School			
102	Flynn Hopkins	Karabar High School			
103	Jesse Hopkins	Karabar High School			
104	Justin McLean	Arden Anglican School			
105	Nicolas Grant	Katoomba High School			
106	Oliver Tonks	Katoomba High School			
107	William Pender-Buchan	Mckillop Port Macquarie			
108	Zac Hook	Katoomba High School			

Junior Men 19

No.	Name	School	ITT	Crit	Road
112	Campbell Jones	Scone High School			
113	Declan Irvine	Bishop Tyrrell Anglican College			
114	Fintan Conway	Scone Grammar School			
115	Richard Cartwright	Macarthur Anglican school			
116	Simon Cottee	Macarthur Anglican School			